Application No.: 10/511,831 Amendment Dated August 1, 2008 Reply to Office Action of July 21, 2008

## Remarks/Arguments:

The independent claims have been amended to include the term "alternately." In an exemplary embodiment of the present invention, the recording mark has a value which changes alternately for each frame. This is supported, for example, by Fig. 5 of the above-identified application. Reference numeral 55 represents the recording mark of the AutoREC signal in alternately inverting codes "10" and "01."

No new matter has been added.

Respectfully submitted,

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LEA/so

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